



Examples of Inclusion and Safety from Pakistan

1. ENABLE

- ❑ **Project Name:** ENABLE – Disability Inclusion in Higher Education
- ❑ **Organiser:** The project is led by University of the Built Environment (UK) in collaboration with Pakistani partner universities under the funding of the British Council.
- ❑ **Collaborators:** UK and Pakistani institutions, including faculty/schools of architecture, education, pharmacology, etc.
- ❑ **Website / Link:** <https://enablepk.com/>
- ❑ **Focus:** The project focuses on improving *inclusion* for students with disabilities in Pakistani higher education, addressing physical, social and psychological barriers to participation
- ❑ **Key Idea:**
 - ❖ Conduct needs assessments in Pakistani universities about accessibility and inclusion for disabled students.
 - ❖ Provide training to educators and institution-staff to raise awareness of disability inclusion
 - ❖ Develop inclusive infrastructures, inclusive student support services and policies so that disabled students are not marginalized
 - ❖ Empower disabled students as agents of change (not just beneficiaries) so that the university environment is transformed



2. Zeest

- ❑ **Project name(s):** Zeest (Rozan's women's programme) and Rozan's project (2019–2024)
- ❑ **Organiser / lead:** Rozan (Islamabad-based NGO)
- ❑ **Collaborators / funders:** Local shelters, UN agencies and international donors
- ❑ **Website / link:** <https://rozan.org/womens-program-zeest/>
- ❑ **Geographic scope:** Pakistan
- ❑ **Focus:** Women survivors of gender-based violence — psychosocial support, mental-health services, counselling helpline, reintegration and strengthening life-skills and livelihoods after shelter.
- ❑ **Key idea / main activities:**
 - ❖ Provide **psychosocial counselling**, group therapy and mental-health interventions tailored to women survivors
 - ❖ Work on **post-shelter reintegration**: case management, linkages to legal aid, vocational training and safe housing options so survivors can rebuild stable, safe lives
 - ❖ Train shelter staff and local service providers on trauma-informed care and create practical referral networks to sustain women's well-being after they leave the shelter



2 Days National Conference on Building Synergies between GBV Helpline For Women And Girls