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Femina Newsletter



Femina Newsletter – Erasmus+ Mobility Results Announced

Successful Erasmus+ project focused on Women's Leadership in Health & Safety Education.

Helsinki, July 13, 2026

Femina is excited to announce the successful results of our Erasmus+ mobility project, focusing on **Women's Leadership in Health & Safety Education**. Implemented in collaboration with Mācību centrs Komunālcietnieks in Latvia, this initiative has fostered knowledge sharing and built essential connections within the realm of adult education. Participants explored various aspects of leadership, safety, and educational tools, leading to significant insights. **Our findings emphasize the importance of learner-centred approaches, digital competence, and interdisciplinary collaboration. The project also highlighted the need for psychologically safe and inclusive learning environments.** As we move forward, we remain committed to continuing partnerships and prioritizing the development of transformational educational practices.

"Exchanging experiences between organisations remains one of the greatest strengths of Erasmus+."

We look forward to future opportunities for collaboration. Thank you for being part of our European network.



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WHAT WE EXPLORED

During the mobility, participants engaged with a rich programme of learning and exchange. Here are the key themes that shaped our conversations:

Women's leadership

Occupational and psychological safety

Learner-centred education

Digital tools for adult learning

Inclusive teaching approaches

International exchange of educational practices

PRIORITIES FOR DEVELOPMENT

The project helped Femina identify five clear directions for future growth:

- **Increasing the use of learner-centred educational methods** — shifting focus from content delivery to active participant engagement.
- **Strengthening digital competences** within adult education teams, ensuring educators can confidently use modern tools.
- **Promoting psychologically safe and inclusive learning environments** where every learner feels supported to participate.
- **Encouraging interdisciplinary cooperation** between education and research, bridging theory and practice.
- **Continuing international cooperation** through Erasmus+ partnerships, because the best ideas travel across borders.

