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Women's Leadership in Health & Safety Education

- ***Erasmus+ KA122-ADU Short-Term Project***

Coordinator: Femina ry (Finland)

Host: Mācību centrs "Komunālceltņieks" (Latvia)

- ***Dates: 30 Oct – 6 Nov 2025***
- ***Location: Riga + Jūrmala Municipality***



Mācību centrs
"KOMUNĀLCELTNIEKS"



**WOMEN'S
LEADERSHIP**
IN HEALTH AND
SAFETY EDUCATION



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Internal Dissemination Meeting

Sharing learning outcomes from the Erasmus+ mobility in Latvia and discussing how they can strengthen Femina's educational activities.



Women's Leadership in Health & Safety Education



Project Focus and Aim

To strengthen Femina's capacity in adult education by developing leadership, digital and inclusive education competences through international mobility.



Project Background

Femina participated in an Erasmus+ KA122 Adult Education mobility hosted by Mācību centrs "Komunālceltnieks" in Latvia. The project focused on leadership, occupational safety, digital education and inclusive learning.



Project Number

2025-1-FI01-KA122-ADU-000344787. This identifier connects our project to the wider Erasmus+ funding scheme that supports innovative practices, encourages mobility, and promotes collaboration among educational organizations across Europe.



Objectives of the Project

- Integrate health and safety into leadership education.
- Strengthen digital competences for adult education.
- Build sustainable European partnerships.



Expected Impact

Participants strengthened professional competences and returned with practical ideas that can now be integrated into Femina's educational activities.



Why This Mobility Was Important



Strengthen leadership competences

Develop practical leadership approaches suitable for adult education.



Health, safety and well-being

Learn how occupational safety and psychological safety contribute to better learning environments.



Digital and inclusive education

Discover practical digital tools and learner-centred methods that improve accessibility and participation.



Training Programme Themes



Women's Leadership

Women's Leadership and gender-sensitive leadership



Occupational Safety

Occupational Safety & well-being and psychological safety



Digital learning

Digital learning, AI tools, inclusive education and community engagement





How We Learned (Training Methods)



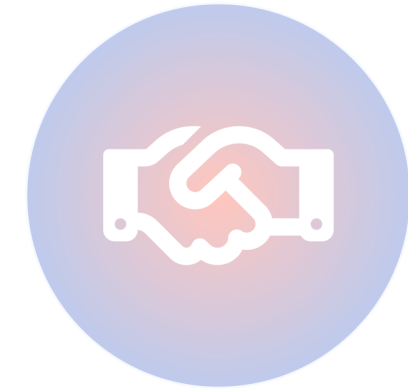
Expert lectures

Expert lectures combined with practical demonstrations



Group Work

Collaborative learning through discussions, teamwork and reflection



Exchange

Learning from participants with diverse academic and professional backgrounds.



Examples from the Training

enter photos ...

practical workshops

- **group discussions**
- **digital tools**
- **field visits**
- **peer learning**
- **intercultural exchange**



Key Learning Outcomes



Learner-centred facilitation

Designing learning around participants' needs and active participation.



Psychological safety as a foundation for high-quality education

Psychological safety as a foundation for high-quality education



Digital tools for adult education

Using digital platforms to support learning, communication and collaboration.



Equal participation and gender-sensitive leadership

Equal participation and gender-sensitive leadership



Inclusive learning and community-based learning

Creating accessible learning opportunities that involve diverse learners and communities.



Creating psychologically safe learning environments

Encouraging participation, trust and respectful communication during educational activities.



Linking Leadership, Safety, and Well-being



Psychological safety as a foundation for high-quality education

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Equal participation and gender-sensitive leadership

Equal participation and gender-sensitive leadership



Creating psychologically safe learning environments

Encouraging participation, trust and respectful communication during educational activities.



Digital Transformation in Practice



Digital tools

Digital tools supporting collaboration and planning



Better accessibility

Better accessibility and stronger learner engagement



Supporting educational resources and blended learning

Supporting educational resources and blended learning (without replacing face-to-face education)



European Cooperation and Networking



Exchange Educational Approaches

Exchange good practices and compare Finnish and Latvian approaches



Strengthening Partnerships

Strengthen partnerships and identify ideas for future Erasmus+ cooperation



Networking

Expand European professional networks.



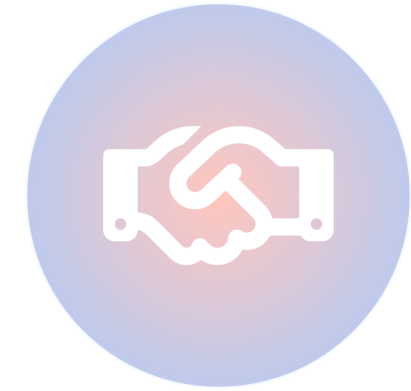
How Femina Use What We Learned



Improve educational quality through integrated learning methods



Increase digital competences and strengthen inclusion



Encourage interdisciplinary cooperation and expand European cooperation



Next Steps for Integration



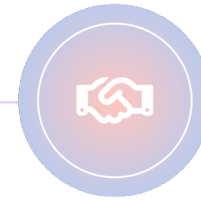
Integrate New Approaches

Apply selected methods in future educational activities.



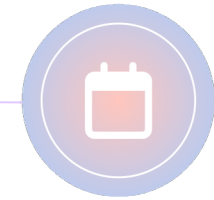
Strengthen Digital Education

Continue testing digital tools and blended learning.



Continue International Cooperation

Maintain cooperation with KCMC and other European partners.



Prepare Future Projects

Develop new Erasmus+ initiatives based on this experience.



Discussion & Next Steps

Future learners will benefit from:

- more interactive learning
- greater use of digital tools
- safer and more inclusive learning environments
- stronger participant engagement

Inclusive Learning

- Adult learners may experience:
- greater accessibility
 - learner-centred facilitation
 - more opportunities to participate actively

Discussion

How can we integrate these ideas into Femina's future educational activities?

- Which ideas can we start using immediately?
- Which methods fit Femina's work best?
- Which digital tools should we test first?
- What future Erasmus+ projects could build on this experience?