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WOMEN'S LEADERSHIP IN HEALTH AND SAFETY EDUCATION



Mācību centrs
"KOMUNĀLCELTNIEKS"

#SafeLearning #WomenLead #InclusiveEd

29 October - 7 November 2025, Riga Latvia

ABOUT US

WHO IS KOMUNĀLCELTNIEKS?

Mācību centrs Komunālceltņieks is a well-established vocational and adult education institution in Latvia with more than 30 years of experience. The center specializes in health and safety education, leadership training, and digital learning tools, providing high-quality, practical training for adults and youth.

Komunālceltņieks is known for its inclusive and innovative approach, integrating modern methods and sustainable practices into its programs. The center regularly runs training activities, offering participants not only professional expertise but also an engaging, supportive learning environment.

In this project, Komunālceltņieks serves as the host organization in Riga, ensuring participants gain practical knowledge in health & safety, leadership, and digital education methods, directly linked to the project's objectives



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By joining this training you will...



Learn to Lead Safely and Inclusively

Discover how to integrate health & safety into leadership, with special focus on gender-sensitive workplace challenges.



Empower Your Community

Explore how to create inclusive and community-based training programs that empower others and drive positive change.



Boost Your Digital Skills

Get hands-on experience with online tools and platforms that make learning and teaching more engaging and accessible.



Connect Internationally

Exchange best practices, and build long-term partnerships for future projects.

About the Project



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This training is part of the Erasmus+ project “Women’s Leadership in Health & Safety Education”, coordinated by Femina ry (Finland) together with Mācību centrs Komunālceltnieks (Latvia).

The project responds to today’s challenges in adult education:

- the need for stronger health & safety awareness,
- the importance of gender-sensitive leadership,
- and the opportunity to use digital tools for more accessible learning.

Through this training in Riga, Latvia, participants will:

- ✓ gain new competences in health & safety education,
- ✓ explore innovative digital learning methods,
- ✓ share experiences with European peers,
- ✓ and co-create ideas for more inclusive adult education.

The project’s ultimate goal is to empower educators and community leaders to create safer, more inclusive, and future-ready learning environments across Europe.



What to Expect from Activities

The training is hands-on, interactive, and built around daily themes that help you grow step by step:

- ◆ Safety & Leadership – Understand gender-specific risks and inclusive leadership.
 - ◆ Best Practices – Learn from European case studies and training centres.
 - ◆ Digital Tools – Create online modules and try interactive platforms.
 - ◆ Peer Exchange & Collaboration – Share experiences and co-develop training ideas.
 - ◆ Inclusive Learning – Address unconscious bias and design safe learning spaces.
 - ◆ Community Engagement – Visit municipalities and NGOs working on health & safety.
 - ◆ Program Development – Build and present pilot training programs.
 - ◆ Future Planning – Network, reflect, and celebrate with Europass Mobility recognition.
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Expect a mix of workshops, study visits, group work, and reflections – all designed to give you practical tools for your work and community.



Tasks of Participants

Before the training, participants are expected to read the infopack, reflect on their own experiences in leadership, safety and education, and come prepared to share examples from their work or community. During the training, they will take an active role in workshops, study visits, and group work, contribute ideas in peer-to-peer sessions, and collaborate on developing and presenting a pilot training program. After the training, participants are encouraged to bring the new knowledge back to their organizations, share results with their communities, and apply the tools and methods in practice.



Before the Training

Read the infopack, reflect on your experiences, and prepare examples from your work or community.



During the Training

Participate actively in workshops and visits, contribute ideas in peer-to-peer sessions, and develop a pilot program



After the Training

Disseminate new knowledge in your organization, share results with your community, and apply the tools and methods



Profile of Participants



ADULT EDUCATORS & TRAINERS

Working in leadership, health & safety, or community education



COMMUNITY LEADERS & NGO STAFF

Active in empowering women, promoting inclusion, or supporting adult learners



PROFESSIONALS INTERESTED IN DIGITAL LEARNING

Motivated to integrate online tools and innovative teaching methods



OPEN-MINDED & COLLABORATIVE INDIVIDUALS

Willing to share experiences, learn from peers, and co-create new solutions

Participants should have a strong interest in leadership, gender equality, health & safety education, and digital tools, and be motivated to bring new knowledge back to their organizations and communities.



ACCOMMODATION

Participants will be accommodated at Hotel Viktorija in Riga, easily reachable by public transportation.

Rooms are for 2 people, arranged with respect to gender balance.

Towels and basic amenities are provided.

Free WiFi access is available throughout the hotel.

Some activities will take place at the hotel, while majority of the sessions and visits will be held at other locations in Riga.

This setup ensures comfort, accessibility, and a convenient learning environment for all participants.



HOW TO REACH THE HOTEL

Participants will receive flight or train proposals with the most suitable options for reaching Riga.

You are responsible for booking your own tickets, unless instructed differently by your sending organization.

Travel costs will be reimbursed within 3 months after the project, provided you:

- ✓ actively participate in the training
- ✓ complete dissemination and follow-up tasks

Our team will assist you in buying your tickets (if needed) and guide you on using the most suitable local transportation to reach your accomodation in Riga.



WHAT TO BRING

💻 Laptop / Tablet / Smartphone – we will use digital tools during the training.

🔌 Chargers & Adapters – Latvia uses European standard plugs (Type C / F).
Don't forget adapters if needed.

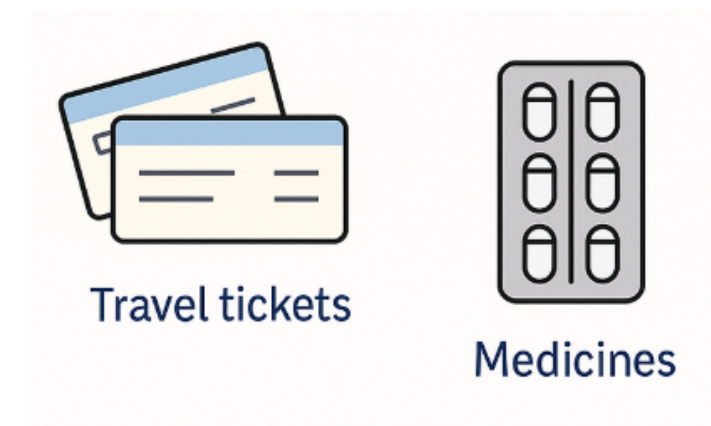
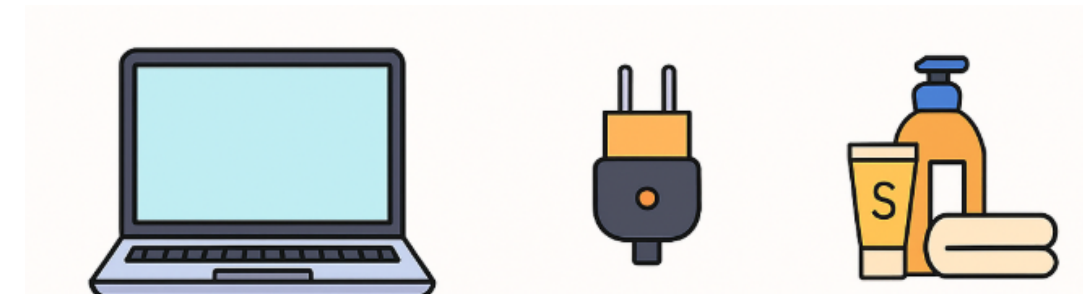
🧴 Personal Items – shampoo, slippers, face masks, and anything you need for your comfort. (Towels are provided in the hotel).

🎫 All Travel Tickets – keep your tickets and boarding passes for reimbursement.

💧 Refillable Water Bottle – let's avoid plastic waste and refill instead of buying bottled water.

💊 Medicines – bring anything you may need (e.g. allergy pills, painkillers).

Positive Attitude – bring good mood, ideas, and lots of energy!



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For any questions, and help, feel free to contact us

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